# J' Our Services



## **Physical Therapy**

Physical Therapists care for children who have been injured or have gross motor problems resulting from an illness, disease, or disability. Children might see a physical therapist for:

- Developmental delays
- Limb deficiencies
- Cerebral palsy
- Muscle weakness
- Traumatic brain injury
- Brachial plexus injuries
- Muscular dystrophy
- Muscle or joint pain
- Orthopedic injuries
- Sports injuries

- Heart problems
- Spina bifida/spinal cord injuries
- Fetal exposure to alcohol or drugs
- Acute trauma

## **Occupational Therapy**

Occupational Therapists is the enhancement of a child's participation in daily life activities or "occupations." OT seeks to minimize the effects of disease, injury, congenital defects, disability or developmental delays. Children might see an occupational therapist for:

- Poor fine motor skills
- Poor handwriting
- Weak or poor muscle tone
- Poor social skills
- Frequent mood changes
- Avoids being touched
- Difficulty transitioning between tasks
- Hightened sensitivity to light, touch, taste or sound
- Difficulty with jumping, skipping, or running
- Difficulty with daily living activities such as dressing, grooming or self feeding

#### **Speech-Language Pathology**

Speech and Language therapy treats children with a speech or language disorder. A speech disorder is a problem with the actual production of sounds. A language disorder is difficulty understanding, processing, or expressing (putting words together) to communicate ideas. Some common problems that can be managed through speech language pathology include:

- Learning disabilities
- Cleft palate
- Hyper nasal speech
- Voice disorders
- Stuttering
- Feeding difficulties
- Difficulty pronouncing speech sounds
- Oral and written language difficulties
- Communication difficulties related to hearing impairment

#### **Applied Behavior Analysis**

Behavior Analysts work with a variety of children and adolescents to increase appropriate behavior such as communication, social and daily living skills, and decrease problem behaviors like aggression, self injury, and property destruction. Some common problems managed through ABA therapy includes:

- Delays in effective communication
- Difficulties socializing with peers
- Limited ability to follow directions
- Struggling to keep up in school
- Delays in social interactions with parents
- Displays problem behavior that interferes with ADLs

We also provide Music Therapy at select locations. Call us for more information!



Physical Therapy
Occupational Therapy
Speech Therapy
Applied Behavior Analysis
Special Needs Schooling
Music Therapy



(904)886-3228

# What makes us special?

- We believe in a model of care which is comprehensive and integrated
- The professionals on our staff routinely confer and collaborate with each other in an effort to provide the most effective care possible.
- Our staff consists of a variety of specialists with an average of 10+ years experience
- Our facility was designed by experienced therapists to provide a detail oriented environment for a variety of therapy needs.

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